



MEET 2008
MULTIDISCIPLINARY EUROPEAN
ENDOASCULAR THERAPY

www.meetcongress.com

Prof. Carlo Setacci

*Vascular and Endovascular
Surgery Unit
University of Siena
Siena, Italy*

**Why do I think we need 50
or more procedures
for training?**

Cannes, French Riviera
| **June 26-29**



What should we do?





CREST trial: **learning curve**

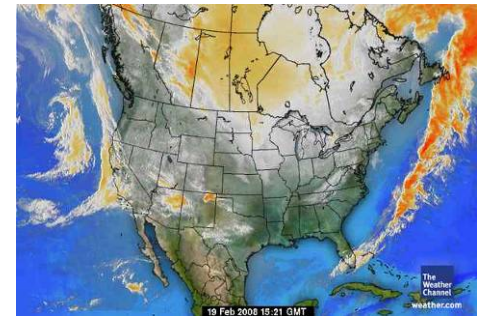
operators **<15**

CAS: stroke/death rate **7.1%**

Journal of
Vascular
Surgery

operators **>15**

CAS: stroke/death rate **3.7%**





EVA-3S: learning curve

stroke/death rate: 9.6%

12 CAS or 35 stenting procedures in the supra aortic trunks, 5 of which had to be CAS





SPACE: learning curve

stroke/death rate: 6.84%

25 successful percutaneous transluminal angioplasties or stent procedures

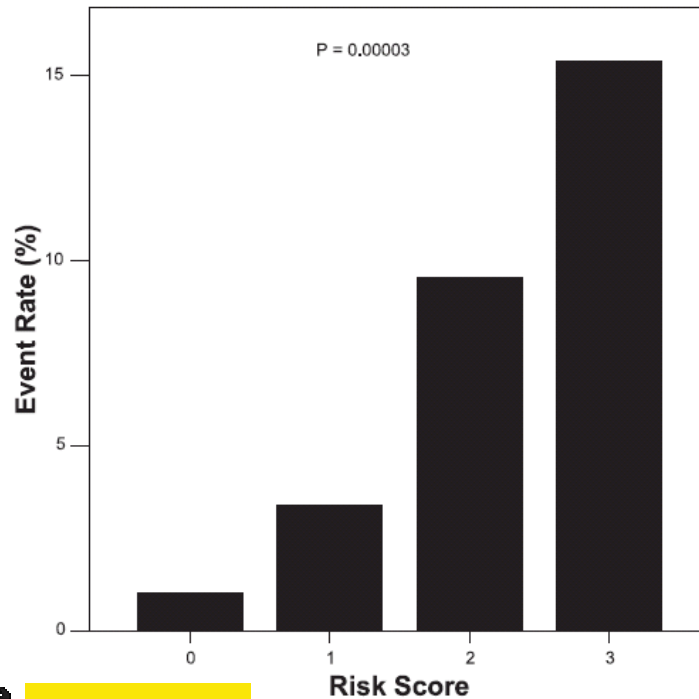




Stroke. 2006;37:2557-2561

Risk Score for Peri-Interventional Complications of Carotid Artery Stenting

Robert Hofmann, MD; Alexander Niessner, MD; Alexander Kypta, MD; Clemens Steinwender, MD; Jürgen Kammler, MD; Klaus Kerschner, MD; Michael Grund, MD; Franz Leisch, MD; Kurt Huber, MD



Risk score for adverse events within 30days CAS

- Age >80 years,
- DM with HbA1c >7%,
- Plaque Ulceration,
- Contralateral stenosis > 50%

Stroke



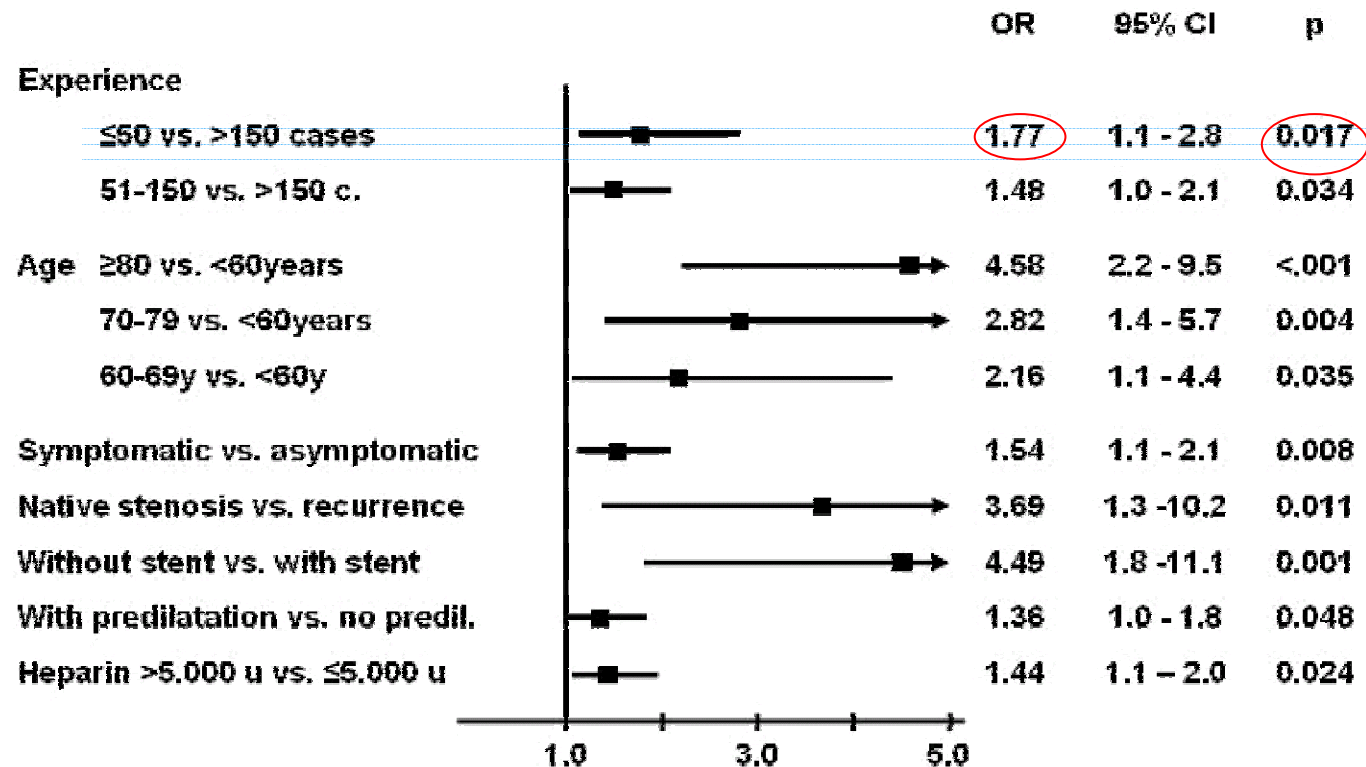


Stroke. 2008; in press

Predictors of death and stroke after carotid angioplasty and stenting. A subgroup analysis of the Pro-CAS data

Wolfram Theiss, Peter Hermanek, Klaus Mathias, Hartmut Brückmann, Jürgen Dembski, Franz-Josef Hoffmann, Rüdiger Kerner, Franz Leisch, Harald Mudra, Karl-Ludwig Schulte, and Horst Sievert

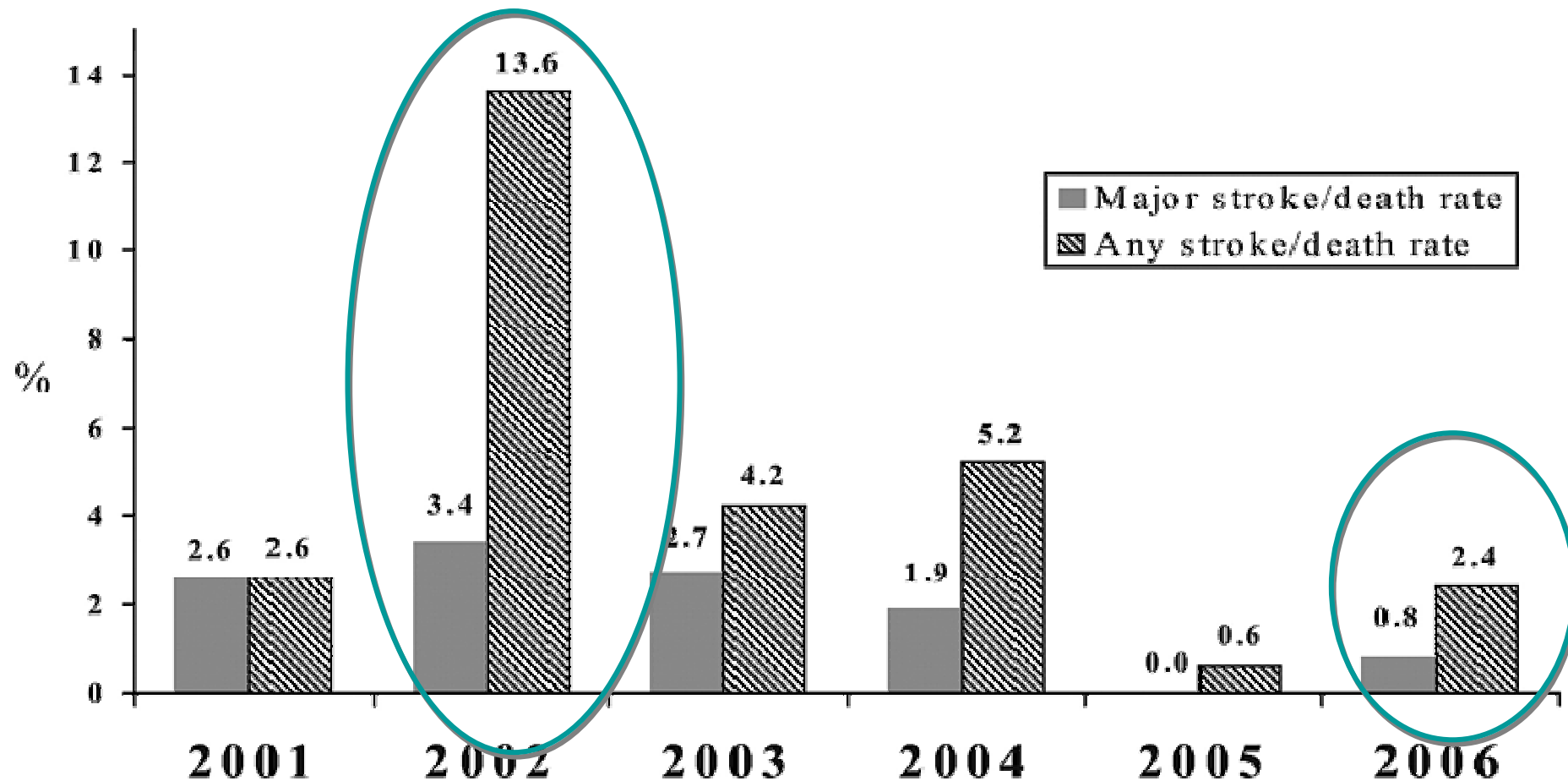
Stroke





Learning curve: Perugia experience

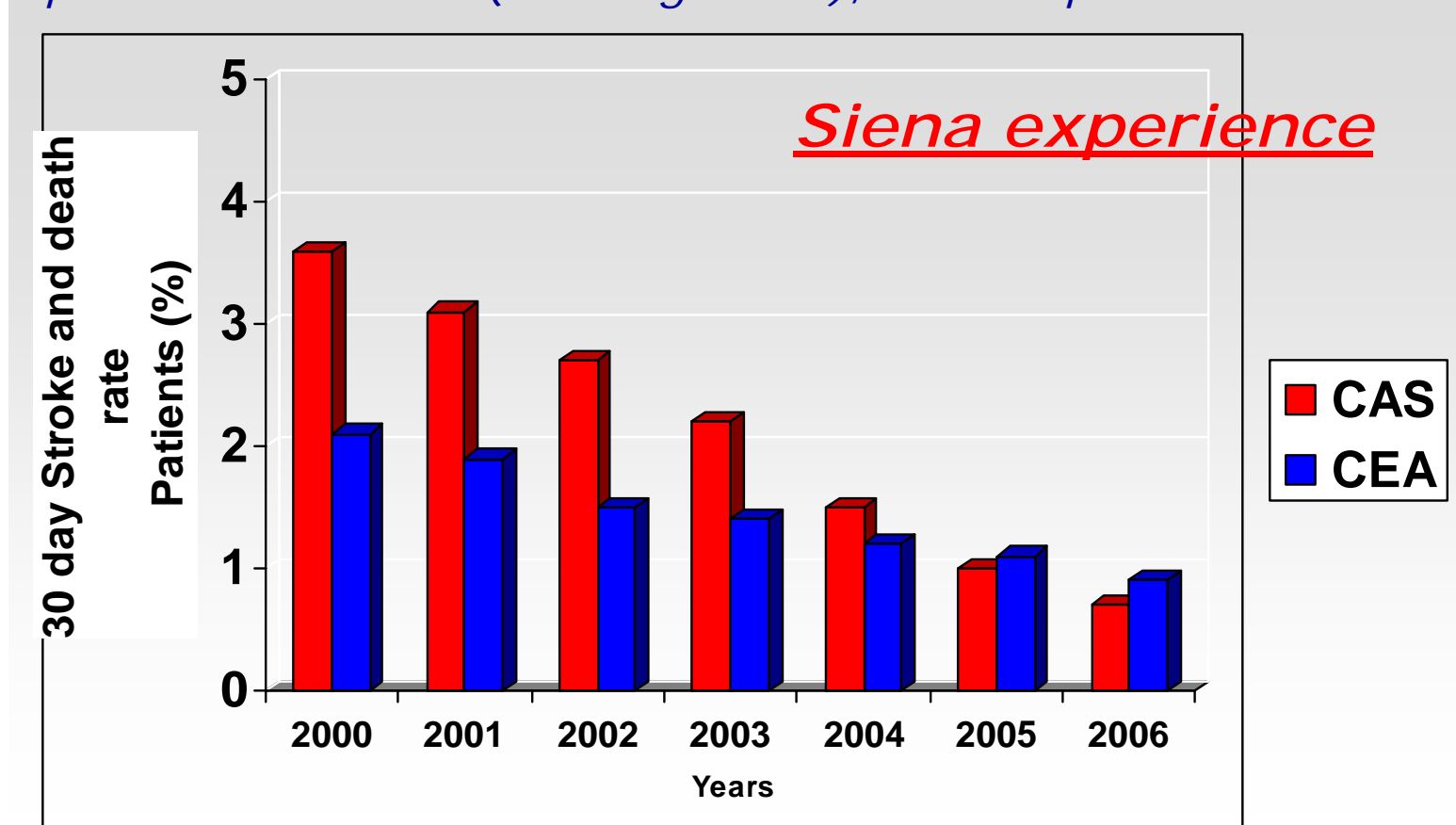
Appropriateness of learning curve for carotid artery stenting: An analysis of periprocedural complications. *Verzini F, J Vasc Surg 2006*





Stroke and death rate at 30 days, from 2000 to 2006 for CAS and CEA

As the experience increases (learning curve), the complications decrease....



. Setacci C, Chisci E, de Donato G, Setacci F, Sirignano P, Galzerano G. Carotid artery stenting in a single center: are six years of experience enough to achieve the standard of care? *Eur J Vasc Endovasc Surg.* 2007 Dec;34(6):655-62



Invited Commentary



European Journal of
Vascular and Endovascular Surgery

SPACE and EVA 3S trials : the need of standards for Carotid Stenting

Carlo Setacci, MD; Alberto Cremonesi, MD.

EJVES 2007; 33: 47-8



Invited Commentary

“As difficult as it is to say, we must admit that both EVA 3S and SPACE didn’t match an *acceptable level of physician training and credentialing*.

The consequences of this technical bias on the reported CAS results are left to the scientific community’s evaluation.”

Setacci C, Cremonesi A. SPACE and EVA 3S trials : the need of standards for Carotid Stenting. EJVES 2007; 33: 47-8



Carotid Artery Stenting: First Consensus Document of the ICCS-SPREAD Joint Committee

Alberto Cremonesi, MD; Carlo Setacci, MD; Angelo Bignamini, MD;
Leonardo Bolognese, MD; Francesco Briganti, MD; Germano Di
Sciascio, MD; Domenico Inzitari, MD; Gaetano Lanza, MD; Luciano
Lupattelli, MD; Salvatore Mangiafico, MD; Carlo Pratesi, MD; Bernard
Reimers, MD; Stefano Ricci, MD; Gianmarco de Donato, MD; Ugo
Ugolotti, MD; Augusto Zaninelli, MD Gian Franco Gensini, MD

Stroke

Stroke.2006; 37: 2400-2409



CAS: Training and Expertise



Recommendation 10: Grade GPP [C]

Once the basic skill for catheter-based intervention has been achieved by the already-active interventionist, the minimum recommended training to achieve competence is as follows:

1. At least 150 procedures of supra-aortic vessel engagement (during diagnostic as well as interventional procedures) within 2 years, of which at least 100 as the primary operator.
2. At least 75 carotid stenting procedures, of which at least 50 as the primary operator, within a 2-year fellowship.

Recommendation 11: Grade GPP [C]

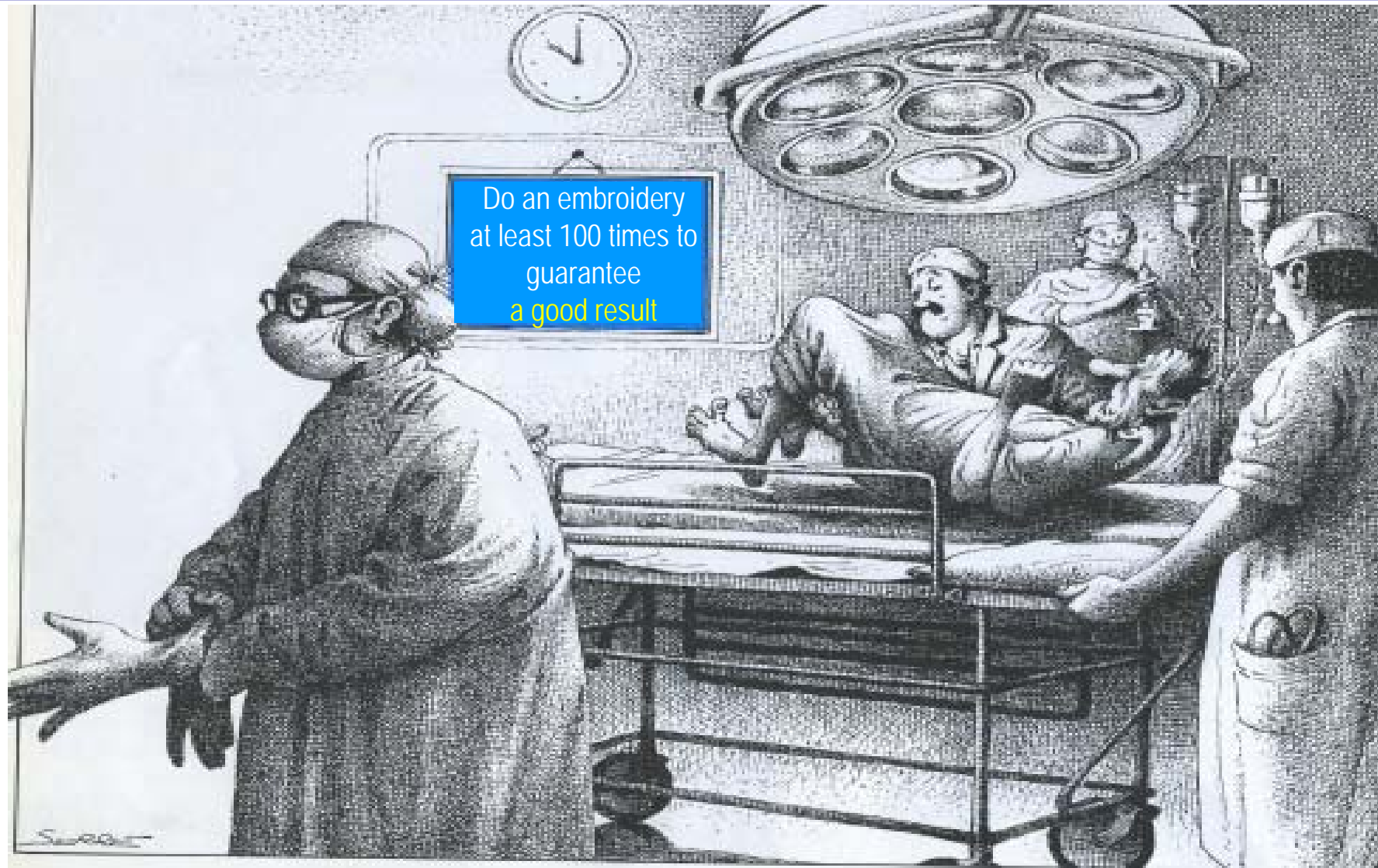
The minimum requirement to maintain technical skill (competence) is the number of 50 carotid stenting procedures performed and documented by each primary operator per year.

Stroke

Stroke.2006; 37: 2400-2409



Learning –curve: what I think





Cannes, French Riviera
| June 26-29

VASCULAR
ANNUAL MEETING
SAN DIEGO, CA 2008



Nicholas Cheshire

Why simulators are a good training model ?



San Diego = June 7th, 2008

VASCULAR
ANNUAL MEETING
SAN DIEGO, CA 2008

Isabelle Van Herzeele



Nicholas Cheshire

APTITUDE PREDICTS ENDOVASCULAR PERFORMANCE OF INEXPERIENCED INDIVIDUALS BEFORE AND AFTER VIRTUAL REALITY TRAINING

CONCLUSIONS

Simulator-based training in endovascular skills improved performance in naive individuals. A plateau in the learning process occurred but remained inferior to the performance of experienced interventionalists.



Conclusion

- The Carotid Artery Stenting is a process of **tailoring** the endovascular procedure to a specific patient and a specific kind of carotid lesion.
- We need to have a deep knowledge of patient clinical status, vascular anatomy, carotid plaque findings and technical features of the materials (guiding catheters and sheaths, wires, balloon, stents, etc.).
- Only a *correct learning curve* could guarantee all those points



Thank you for your attention



